

The Smile Lodge

Eating And Drinking Rules
before your child's sedation appointment

Stop 8 hours before you arrive...

All food, milk, candy, meat, crackers, cheese, cereal, applesauce

Your child can have up to two hours prior Water, apple juice Jell-O, popsicles (no blue in color)

Nothing by mouth 2 hours before you arrive!

Medications: Routine medication may be given at the usual time with a sip of water. Please tell your doctor of any medications taken day of surgery.



Our guidelines are enforced to keep your child as safe as possible.
If these guidelines are not followed, we reserve the right to cancel
or reschedule your child's surgery.